

**PUNE DISTRICT EDUCATION ASSOCIATION'S**  
**SETH GOVIND RAGHUNATH SABLE COLLEGE OF PHARMACY, SASWAD**

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**Report on “Group discussion activity on the topic“Nutritional Diet for Healthy India”**

**Event Name: “Group discussion activity on the topic“Nutritional Diet for Healthy India”**

**Date: 13/01/2026**

**Venue: Classroom no. 4**

A group discussion on the topic “**Nutritional Diet for Healthy India**” was organized for S.Y. M. Pharm students on **13<sup>th</sup> January 2026** under the Training and Placement Cell, with the objective of preparing students for job interviews and employment opportunities.

The primary aim of the activity was to enhance students’ communication skills, subject knowledge articulation, confidence, and group interaction abilities, which are essential for facing interviews, group discussions, and selection processes in the professional field. The topic was selected to enable students to express their understanding of health, nutrition, and public health issues relevant to the pharmaceutical and healthcare sectors.

Students actively contributed to the discussion by sharing perspectives on balanced nutrition, healthy lifestyle practices, and national health challenges. The activity helped students improve their public speaking skills, logical thinking, teamwork, and ability to present ideas clearly and confidently during interviews.

The program was coordinated by Ms. Ankita Javalkar and Dr. Ganesh Nigade, under the guidance of Dr. Rajashree Chavan. The coordinators facilitated the discussion and ensured active participation from all students.

Overall, the group discussion was effective in strengthening students’ interview readiness and professional competence, thereby supporting their career development and employability.



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