

**PUNE DISTRICT EDUCATION ASSOCIATION'S
SETH GOVIND RAGHUNATH SABLE COLLEGE OF PHARMACY**

Event Name: Nirbhaya Kanya Abhiyaan

Date: 07/01/2025

Venue: Seminar Hall

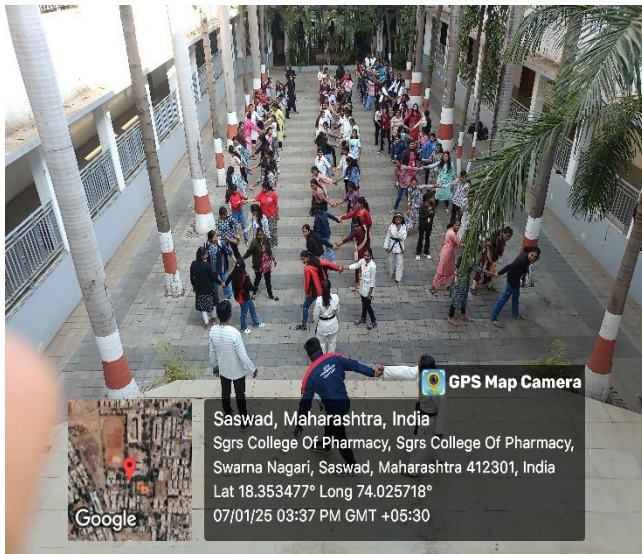
Total number of participants = 100

The SGRS College of Pharmacy, Saswad, successfully organized a guest lecture program titled “**Nirbhaya Kanya Abhiyaan**” on 7th January 2025 at 1:00 PM. The event aimed to empower female students by fostering self-confidence, raising awareness about women's safety, and enhancing personality development. The program commenced with a ceremonial lighting of the lamp, signifying the start of an enlightening session. **Dr. Pradnya Jagtap, Student Welfare Officer**, delivered the preamble, setting the tone for the event. **Principal Dr. R. S. Chavan** addressed the students, emphasizing the importance of nurturing a critical mind, building self-confidence, and instilling a strong social responsibility among young women. **Hon. Archana Patil, PSI, Saswad Police Station**, delivered an impactful talk on “**Society's role in ensuring women's safety**”. She highlighted the growing challenges of cyber-crime and provided practical tips for staying vigilant and secure online.

Hon. Shrikant Laxmi Shankar, Member of MASUM Foundation, Saswad, conducted a session on “**Role of Youth in Promoting Gender Sensitization**”. He emphasized the importance of self-awareness, self-confidence, communication skills, adaptability, emotional intelligence, interpersonal skills, and goal-setting, tailored specifically for female students. **Sensei Hon. Shweta Phadtare** from **Champions Martial Arts and Sports Academy, Pune** inspired students through a motivational session on the “**Benefits of Karate practice**”. She explained how Karate not only strengthens the mind and body but also fosters composure, clarity of thought, and heightened self-confidence. In the second session Karate training was conducted by **Mr. Pradip Waghole and Mr. Tejas Waghole, instructors from Champions Martial Arts and Sports Academy**. They demonstrated various self-defense techniques and trained students on how to effectively protect themselves in challenging situations. This session underscored the importance of self-defense in today's social environment, particularly for women. The program was attended by 150 students from D. Pharm, B. Pharm, and M. Pharm courses. Active participation by the students highlighted their enthusiasm and eagerness to learn and implement the skills and knowledge shared during the sessions. The program was anchored by a **Dr. Pradnya Jagtap**, ensuring a smooth flow of events. **Prof. Samiksha Bhongale** graciously delivered the vote of thanks, expressing gratitude to all dignitaries and participants. **Dr. Pradnya Jagtap** coordinated the event under the guidance of **Principal Dr. Rajashree Chavan**, ensuring its successful execution.

Glimpses of Nirbhaya Kanya Abhiyaan





P. Chavan
PRINCIPAL
PUNE DISTRICT EDUCATION ASSOCIATION'S
SETH GOVIND RAGHUNATH SABLE
COLLEGE OF PHARMACY, SASWAD
TAL. PURANDHAR, DIST. PUNE-412 301